

A Guide To Su Jok Therapy

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A Guide To Su Jok

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A Guide to Su JOK Therapy by Prof. Park Jae Woo Book + Free 5 Sujok Rings. Available from these sellers . DIRECTION OF USE - Massage one finger at a time by rolling ring up and down the finger 30-60 times. - Then, move on to next finger until you have completed both hands.

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Su-Jok Charts. Su-Jok hand and foot acupuncture correspondence body charts and acupuncture points. One of the characteristics of the human body is existence of a certain correspondence system between the whole of the body and some of its parts. Through this system the whole of the body is represented in many places all over the body.

Su-Jok Acupuncture Charts - Natural Therapy Info

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Sujok Therapy Chart-Set of 3 Size 20"x30" Wall Chart ...

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Simple Sujok Treatment: Do Your ...

Su Jok Therapy is a brilliant discovery by a Korean scientist called Prof. Park, Jae Woo, who after many years of careful observation and clinical experience developed a new system of therapy using only the hands and feet to effect the same results as body acupuncture.

Su Jok Therapy | Natural Therapy Center

Sujok comes from the Korean words " su " which means "hand" and " jok " which means "feet." In other words, Sujok therapy is all about treating the body using the pressure points in the hands and feet.

What is Sujok Therapy ? Benefits and Acupressure Points chart

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A part of Onnuri medicine, Su Jok is a treatment system comprised of a variety of techniques that prevent and cure illness and restore health without any drugs. Our hands ("su" in Korean) and feet ("jok") represent our entire body in miniature.

The Power of Su Jok Therapy | Goop

Developed by Digitech Sujok therapy uses a variety of material like seeds, micro magnets, micro needles, palm or similar leaves, ring massagers, A Guide to Su Jok Therapy All for Su Jok acupuncture and reflexotherapy: Su Jok and corporal needles, moxas all sizes, Su Jok minimoxas and Su Jok massage rings. SU Jok Seed Therapy 2005. by Park Jae Woo.

Sujok Therapy Guide - Ultimatecourse

Su-jok acupuncture methods and treatment (Su-jok medicine blog) Ideas and methods to treat diseases by Su-jok medicine. Kidney Cyst Body Map Self Treatment Acupuncture Points Deep Tissue Tone It Up Acupressure Physical Therapy How To Fall Asleep.

49 Best SUJOK needle therapy images | Self treatment ...

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